



FALL TERM

WORKSHOPS



LONGSWORD GREEN CORD SKILLS

w/ Free Scholar Benjamin Davis



OCT 5 1-3PM \$100/4 Credits

GET READY FOR YOUR SCHOLAR EXAM WITH THIS WORKSHOP CUSTOMIZED TO ATTENDEE NEEDS, TAILORED TO FOCUS ON THE ASSESSMENT AREAS YOU WANT TO IMPROVE. YOU'LL TARGET THE SKILLS, DO THE ASSESSMENTS, AND GET PRACTICAL EXPERIENCE ALL IN ONE CLASS.

HUNGARIAN ARCHERY w/ Robert Borsos



OCT 12 1-4PM \$150/6 Credits

LEARN THE ART AND HISTORY OF HORSEBACK ARCHERY FROM ROBERT BORSOS, A CERTIFIED INSTRUCTOR OF THE KASSAI SCHOOL OF HORSEBACK ARCHERY AND CANADA'S TOP HORSEBACK-ARCHERY COMPETITOR. IN THIS 3-HOUR WORKSHOP YOU'LL EXPLORE THE TECHNIQUES AND TRADITIONS OF THE HUNGARIAN WARRIORS WHO MASTERED THIS SKILL, THEN PRACTICE SHOOTING WITH AUTHENTIC HUNGARIAN BOWS—ON FOOT AND ON OUR FALSEMOUNTS. SUITABLE FOR BEGINNERS AND EXPERIENCED ARCHERS.

LEVEL 1 RAPIER & LONGSWORD INTENSIVE



OCT 13-17 8AM-6PM \$995

IMMERSE YOURSELF IN 50 HOURS OF INSTRUCTION IN RAPIER, LONGSWORD, AND TEACHING METHODOLOGY AT THE WORLD'S LARGEST CENTRE FOR THE STUDY OF SWORDPLAY. THIS 5-DAY, 10-HOURS-PER-DAY PROGRAM CARRIES YOU THROUGH THE ENTIRE APPRENTICE LEVEL OF DUELLO ARMIZARE AND EQUIPS YOU WITH PRACTICAL LEARNING AND TEACHING SKILLS—TRANSFORMATIVE FOR BOTH NEW PRACTITIONERS AND EXPERIENCED TEACHERS.

SPEAR & SHIELD

w/ Provost Matheus Alfred-Olmedo



OCT 19 1-3PM \$100/4 Credits

THE SPEAR AND THE SHIELD: WEAPONS THAT HAVE REMAINED ICONIC TO WARFARE, MARTIAL ARTS, AND HONOURABLE COMBAT THROUGHOUT HISTORY. THE BOLOGNESE MASTERS TEACH US TO EMPLOY THESE WEAPONS IN THE CONTEXT OF THE LISTS (DUELLING GROUNDS), THEIR ADVICE SUCCINCT AND DEADLY.

THIS WORKSHOP DISTILLS THE CONTENT FOR ROTELLA AND PARTISAN DESCRIBED BY HISTORICAL 16TH-CENTURY FENCING MASTERS, ACHILLE MAROZZO AND ANTONIO MANCIOLINO. BY LOOKING AT THEIR SIMILARITIES AND DIFFERENCES WE WILL EXPLORE THE TWO SYSTEMS AND CREATE A FOUNDATION ON WHICH TO BASE EFFECTIVE SPARRING, CORRECT BODY MECHANICS, AND SIMPLE TACTICAL CHOICES AGAINST SIMILARLY ARMED OPPONENTS. LIMITED LOANER GEAR IS AVAILABLE.

DEFEATING THE BESTIAL MAN

w/ Maestro Devon Boorman



OCT 26 1-3PM \$100/4 Credits

FACE UNCONVENTIONAL AND "BESTIAL" FIGHTERS WITH CLARITY AND CONTROL—USING RAPIER OR LONGSWORD. YOU'LL LEARN TO SIZE UP AN OPPONENT'S STRATEGY, CRAFT EFFECTIVE COUNTERS, AND HANDLE RECKLESS OR SACRIFICIAL ATTACKS SAFELY AND DECISIVELY. BRING EXAMPLES OF CHALLENGING OPPONENT TYPES YOU'D LIKE TO SOLVE.

LONGSWORD & RONDEL

w/ Free Scholar Benjamin Davis



NOV 2 1-3PM \$100/4 Credits

BLENDE THE LONGSWORD WITH THE KNIGHTLY RONDEL DAGGER. CREATE ENTRIES TO CLOSE DISTANCE, DRAW AND EMPLOY THE DAGGER, AND LEARN OPTIONS FOR SURVIVING A SWORD ENCOUNTER WHEN ALL YOU HAVE IS THE DAGGER ALONE.

ADVANCED LONGSWORD

w/ Provost Matheus Alfred-Olmedo



NOV 16 1-5PM \$100/4 Credits

BLUE (1+ STRAP) AND RED CORDS ARE INVITED TO A 4-HOUR INTENSIVE ON BODY MECHANICS, TACTICS, AND STRATEGY. BUILD PROFICIENCY AND TACTICAL CONDITIONING THROUGH RIGOROUS, HIGH-LEVEL DRILLING WITH FOCUS ON ALIGNMENT, TIMING, AND EFFICIENCY.

ARCHERY GREEN CORD SKILLS

w/ Scholar Fox Noonan-Graham



NOV 23 3-5PM \$100/4 Credits

PREPARE FOR YOUR ARCHERY SCHOLAR EXAM WITH A WORKSHOP TARGETED TO ASSESSMENT REQUIREMENTS AND THE SPECIFIC SKILLS YOU WANT TO IMPROVE—CONSISTENCY ACROSS BOWS, AIMING, GROUPING, AND SPEED SHOOTING. LEARN SKILLS, SIGN OFF ASSESSMENTS, AND BUILD EXPERIENCE IN ONE FOCUSED SESSION.

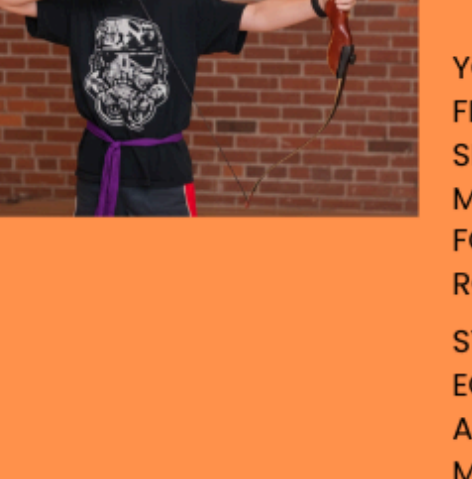
TWO SWORD w/ Maestro Devon Boorman



DEC 7 1-3PM \$100/4 Credits

DEVELOP COORDINATION OF TWO SIDESWORDS IN ATTACK AND DEFENSE: THE FOUR CLOSED POSITIONS, CUT-AND-THRUST TRANSITIONS, PARRIES, COUNTER-ATTACKS, AND MORE. EACH OFFERING SPOTLIGHTS A DIFFERENT PART OF THE TWO-SWORD SYSTEM—FRESH MATERIAL FOR VETERANS AND A SOLID START FOR NEWCOMERS.

BUST LOWER BACK PAIN w/ Meghan O'Connell



DEC 13 3-4:30PM \$75/3 Credits

LOWER BACK PAIN? LEARN WHAT TO DO WHEN PAIN STRIKES AND HOW TO PREVENT RECURRENCE. THROUGH EXPERT GUIDANCE YOU'LL APPLY LOW-TECH METHODS—OPTIMAL BREATHING AND BODY MECHANICS—FOR HIGH-PAYOFF RESULTS. COMPLEMENTS ANY CARE PLAN YOU MAY HAVE FROM A HEALTH PROFESSIONAL.

YOUTH PROGRAMS



YOUTH ARCHERY

AGES 8-14 SUNDAYS 10-11AM

YOUTH CAN NOW JOIN OUR ARCHERY MASTERY PROGRAM IN THIS FOCUSED BEGINNER-FRIENDLY CLASS. LEARN TRADITIONAL ARCHERY AS A MARTIAL ART, NOT JUST TARGET SHOOTING. EACH SESSION BUILDS DISCIPLINED RANGE HABITS AND CLEAR SHOT MECHANICS—STANCE & ALIGNMENT; SMOOTH DRAW, ANCHOR, AIM, RELEASE, AND FOLLOW-THROUGH—WHILE INTRODUCING FOOTWORK, BREATHING, AND ATTENTION ROUTINES THAT IMPROVE CONSISTENCY AND CONFIDENCE.

STUDENTS ALSO LEARN BASIC EQUIPMENT CARE AND THE HERITAGE BEHIND THE BOW. ALL EQUIPMENT IS PROVIDED (PERSONAL BOWS WELCOME IF RANGE-APPROPRIATE). WEAR ATHLETIC CLOTHING AND INDOOR-SAFE SHOES. INSTRUCTION IS PROGRESSIVE WITH CLEAR MILESTONES SO STUDENTS CAN SEE AND CELEBRATE THEIR ADVANCEMENT OVER TIME.



YOUTH LONGSWORD

AGES 8-14 SUNDAYS 11AM-12PM

JOIN THE LONGSWORD MASTERY PROGRAM AS A YOUTH MEMBER! TRAIN HISTORICAL TWO-HANDED SWORDPLAY IN A SAFE, STRUCTURED ENVIRONMENT THAT MIRRORS OUR ADULT CURRICULUM, ADAPTED FOR YOUTH. STUDENTS DEVELOP REAL MARTIAL SKILLS—SAFETY AND PARTNER AWARENESS; SOLID POSTURE AND COORDINATED FOOTWORK; GUARDS (POSTE), CUTS, THRUSTS, PARRIES, AND LINKED COMBINATIONS—THEN APPLY THEM TO TIMING, DISTANCE, AND BASIC TACTICAL DECISION-MAKING. EMPHASIS ON SOUND BODY MECHANICS BUILDS POWER, CONTROL, AND PRECISION WITHOUT STRAIN, AND SHORT HISTORICAL NOTES CONNECT PRACTICE TO TRADITION.

TRAINING SWORDS AND STARTER SAFETY GEAR ARE PROVIDED. WEAR ATHLETIC CLOTHING AND INDOOR-SAFE SHOES. THE CLASS FOLLOWS OUR RANK PATHWAY (STARTING AT APPRENTICE) WITH MEASURABLE MILESTONES, CREATING A CLEAR ROUTE INTO THE BROADER DUELLO ARMIZARE PROGRAM.

BEGINNER COURSES



LONGSWORD

MONDAYS & WEDNESDAYS 6PM SEP 29 OCT 27 NOV 24
SATURDAYS 10AM NOV 1

RAPIER

TUESDAYS & THURSDAYS 6PM SEP 30 OCT 28 NOV 25

KALI STICK w/ MAELSTRØM MARTIAL ARTS

TUESDAYS & THURSDAYS 8PM OCT 7

ARCHERY

TUESDAYS & THURSDAYS 7PM OCT 28
SATURDAYS 12PM OCT 4 NOV 1 NOV 29

FREE TRIALS

ARCHERY 6PM OCT 10 NOV 14 DEC 12
SWORDPLAY 6PM OCT 17 NOV 21 DEC 19

FEATURED PROGRAMS

MONDAY FOCUS CLASSES

MONDAYS 6 - 7PM 1 Credit

OCTOBER MONDAYS – POLEAXE: TRAIN FUNDAMENTALS OF THE KNIGHTLY POLEAXE: POSTURE, GRIPS, ENTRIES, DISPLACEMENTS, AND FINISHING STRIKES—APPLIED IN BOTH LONG AND HALF POSITIONS.

NOVEMBER MONDAYS – ABRAZARE: BUILD YOUR WRESTLING SKILLS FROM UNARMED TO DAGGER. APPRENTICE AND SCHOLAR SKILLS WILL BE COVERED.

DECEMBER MONDAYS – SPEAR: EXPLORE ITALIAN SPEAR IN LONG AND HALF GRIPS WITH THRUSTING LINES, SPEARS, AND FOOTWORK—SKILLS THAT TRANSFER DIRECTLY TO STAFF AND IMPROVISED POLES.

WEDNESDAY FOCUS CLASSES

WEDNESDAYS 6 - 7PM 1 Credit

OCTOBER WEDNESDAYS – ABRAZARE: BUILD YOUR WRESTLING SKILLS FROM UNARMED TO DAGGER. APPRENTICE AND SCHOLAR SKILLS WILL BE COVERED.

NOVEMBER WEDNESDAYS – MECHANICS AND FLOW: A CLASS ABOUT MOVING FLUIDLY WITH THE TWO-HANDED SWORD OR SIDESWORD THROUGH FLOW EXERCISES THAT MAXIMIZE YOUR STRENGTH, HEALTH, AND CONSERVATION OF MOTION.

DECEMBER WEDNESDAYS – ABRAZARE: BUILD YOUR WRESTLING SKILLS FROM UNARMED TO DAGGER. APPRENTICE AND SCHOLAR SKILLS WILL BE COVERED.

MARTIAL FORMS **NEW!**

MONDAYS 8-9PM 1 Credit

FRIDAYS 6:30-7:30PM 1 Credit

THIS CLASS EXPLORES THE ART OF THE LONGSWORD THROUGH TRADITIONAL AND MODERN SOLO AND PARTNERED FORMS. STUDENTS TRAIN STRUCTURED SEQUENCES THAT DEVELOP FLOW, TECHNICAL PRECISION, AND TACTICAL AWARENESS, OFFERING A COOPERATIVE PATH TO DEEPEN MARTIAL SKILL. MARTIAL FORMS IS IDEAL FOR APPRENTICES AND ABOVE WHO WANT TO STRENGTHEN TECHNIQUE TOWARD SPARRING OR PUBLIC PERFORMANCE. BOTH CLASS TIMES OFFER THE SAME MATERIAL PICK THE ONE THAT BEST FITS YOUR SCHEDULE.

SPECIAL EVENTS

FALL SWORD RANK EXAM

OCT 24 7 - 10PM

JOIN ACADEMIE DUELLO STUDENTS CHALLENGING FOR THEIR NEXT LEVELS IN RAPIER AND LONGSWORD. OPEN TO OBSERVERS.

TAVERN NIGHT

OCT 26 NOV 23 6 - 9PM

TAVERN NIGHT IS BACK! FEATURING LIVE ARMoured COMBAT, UNLIMITED ARCHERY, BOARD GAMES, ACOUSTIC MUSIC, AND A LIVELY TOWN BAR. A NIGHT OF SKILL, SONG, AND PLAY—WHERE COMMUNITY COMES TOGETHER.

BEAT THE CRAP OUT OF CANCER

NOV 9 10AM-2:30PM

THE 16TH ANNUAL BEAT THE CRAP OUT OF CANCER (BTCOOC) IS A FRIENDLY COMBAT EVENT WHERE LIKE-MINDED WESTERN, SE ASIAN AND EAST ASIAN MARTIAL ARTISTS GET TOGETHER AND GLEEFULLY HIT EACH OTHER WITH STICKS, SWORDS, AND OTHER WEAPONS TO RAISE MONEY FOR THE BC CANCER SOCIETY. THIS EVENT RUNS IN PARALLEL WITH SIMILAR EVENTS IN 5-6 OTHER CITIES AROUND THE WORLD AND HAS RAISED OVER \$15,000 IN PRIOR YEARS! FIGHTS ARE 2 MINUTES LONG, AND BOUTS CAN BE DEMO, LIGHT CONTACT, OR HARD CONTACT. PARTICIPANTS CHOOSE THEIR OPPONENTS, MAY USE HEAVY, LIGHT OR MINIMAL ARMOUR, AND FIGHT AS MANY TIMES AS THEY LIKE.

FALL SWORD TOURNAMENT

NOV 28 5-10PM

JOIN US FOR THE FALL EDITION OF THE DUELLING ARTS TOURNAMENT. LONGSWORD AND RAPIER SPEED-5 SPARRING. VOLUNTEERS NEEDED AND SPECTATORS WELCOME!

XMAS OPEN FLOOR & POTLUCK

DEC 19 7:30 - 10PM

JOIN ALL YOUR FRIENDS AT ACADEMIE DUELLO FOR AN EVENING OF FOOD, FRIVOLITY AND FIGHTING! BRING A DESSERT OR DINNER ITEM TO SHARE. SPARRING, BOARD GAMES, AND MORE. FRIENDS AND FAMILY ARE WELCOME.

VANCOUVER INTERNATIONAL

SWORDPLAY SYMPOSIUM

MAR 6-8 2026

THEMED "THE PURSUIT OF MASTERY," VISSA RETURNS WITH THREE-DAY INTENSIVE TRACKS (9 TOTAL HOURS) THAT PUSH SKILL BEYOND COMPETENCE INTO ART. LEAD INSTRUCTORS INCLUDE DEVON BOORMAN, ERIC MYERS, MARLI VLOK, MATTHEW HOWDEN, AND PROVOST MATHEUS ALFRED-OLMEDO. INTENSIVE TOPICS INCLUDE ITALIAN SIDESWORD, ITALIAN SABRE, RAPIER AND SMALLSWORD, THE SPANISH INSPIRED FENCING OF GIRARD THIBAUT, AND THE BOLOGNESE GREATSWORD WITH MORE ANNOUNCEMENTS TO COME. ADDITIONAL ELECTIVE CLASSES WILL ADD BREADTH ACROSS SYSTEMS AND PEDAGOGY TO DEEPEN YOUR PATH TOWARD MASTERY.

SAVE THE DATE—REGISTRATION OPENS SOON.

BOWS, BLADES & BEANS

JOIN US FOR SPARRING, SHOOTING, AND SOCIALIZING EVERY FRIDAY NIGHT FROM 7:30-10:00PM (EXCEPT FOR EXAM AND TOURNAMENT NIGHTS). FREE FOR MEMBERS. \$10 DROP-IN FOR QUALIFIED GUESTS TO SHOOT OR SPAR. CAFÉ OPEN FOR ALL.

OCT NOV DEC

OCT 3 NOV 7 DEC 5

OCT 10 NOV 14 DEC 12

OCT 17 NOV 21 DEC 19 (POTLUCK)

OCT 24 NOV 28

(SWORD EXAM) (TOURNAMENT)